

2012 Membership Application Form



Applicants Details

Name

Address

Postcode

Date of Birth

Telephone

Mobile

Email

Gender

Male/Female

Please provide parents email/mobile if under the age of 16

Emergency Contact Details

Please indicate below the person who should be contacted in case of an incident/accident. If under 16, to be completed by parent/guardian

Name

Mobile

Relationship to Child (if applicable)

Telephone

Medical Information

Please detail any medical information that our club or coaches should be aware of (e.g. epilepsy, asthma, diabetes, a recent injury, etc), medical condition(s) and recommended treatment/actions to be taken if symptoms appear

N.B. If you have any concerns about you or your child participating in any form of physical activity then please consult your GP before giving permission for your child to take part in cycling activity sessions

Disability Information

The Disability Discrimination Act 1995 defines a disabled person as anyone with "a physical or mental impairment, which has a substantial & long-term adverse effect on his or her ability to carry out normal day-to-day activities." If you consider yourself to have a disability, please indicate the nature of that below (Please ✓)

Visual Impairment	<input type="checkbox"/>	Physical Disability	<input type="checkbox"/>	Other (Please specify)
Hearing Impairment	<input type="checkbox"/>	Learning Disability	<input type="checkbox"/>	
Multiple Disability	<input type="checkbox"/>			

Sporting History

Have you taken part in cycling or triathlon before? If yes, where? (Please ✓)

Primary School	<input type="checkbox"/>	Local Authority	<input type="checkbox"/>	Club (Please detail below)
Secondary School	<input type="checkbox"/>	Coaching Session		

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Sporting Activities during 2012

Which of the following are you planning to participate in during 2012? (Please ✓)

Road / Circuit Racing	<input type="checkbox"/>	Off Road Cycling	<input type="checkbox"/>	Triathlon > Olympic	<input type="checkbox"/>	Duathlon	<input type="checkbox"/>
Time Trials	<input type="checkbox"/>	Cycle Sportives	<input type="checkbox"/>	Triathlon < Olympic	<input type="checkbox"/>	Swimming	<input type="checkbox"/>
Saturday Club Rides	<input type="checkbox"/>	Cycle Touring	<input type="checkbox"/>	Running	<input type="checkbox"/>	Cyclocross	<input type="checkbox"/>

Other (please specify)

Team MK is run by volunteers!

Please tick the club activities at which you are able to help out in 2012

Date	Event	Venue	✓
17/03/12	TMK Spring Race Series 1 (adult & kids)	MK Bowl	<input type="checkbox"/>
24/03/12	TMK Spring Race Series 2 (adult & kids)	MK Bowl	<input type="checkbox"/>
31/03/12	TMK Spring Race Series 3 (adult & kids)	MK Bowl	<input type="checkbox"/>
11/04/12	Go Ride Time Trial 1 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
18/04/12	Go Ride Moutain Bike 1 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
21/04/12	TMK Spring Race Series 4 (kids, Saturday)	MK Bowl	<input type="checkbox"/>
21/04/12	BC Road Event 3	MK Bowl	<input type="checkbox"/>
25/04/12	Go Ride Road 1 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
28/04/12	Open 10 Mile Time Trial	Brogborough	<input type="checkbox"/>
02/05/12	Go Ride Time Trial 2 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
09/05/12	Go Ride Moutain Bike 2 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
12/05/12	TMK Spring Race Series 5 (kids, Saturday)	MK Bowl	<input type="checkbox"/>
12/05/12	BC Road Event 4	MK Bowl	<input type="checkbox"/>
16/05/12	Go Ride Road 2 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
23/05/12	Go Ride Time Trial 3 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
30/05/12	Go Ride Moutain Bike 3 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
06/06/12	Go Ride Road 3 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
13/06/12	Go Ride Time Trial 4 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
16/06/12	TMK Spring Race Series 6 (kids)	MK Bowl	<input type="checkbox"/>
16/06/12	BC Road Event 5	MK Bowl	<input type="checkbox"/>
20/06/12	Go Ride Moutain Bike 4 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
27/06/12	Go Ride Road 4 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
04/07/12	Go Ride Time Trial 5 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
11/07/12	Go Ride Moutain Bike 5 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
18/07/12	Go Ride Road 5 (kids, Wednesday evening)	MK Bowl	<input type="checkbox"/>
January-December	TMK Club Rides Fast/Medium/Steady/Novice Group (Saturday mornings)	Stony	<input type="checkbox"/>
April – August	TMK Club Time Trial League (Monday evenings)	Hanslope/Stony/Brog	<input type="checkbox"/>
October-December	TMK Cyclocross Races (Open League)	MK Bowl	<input type="checkbox"/>

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First / Second Claim Membership

Team MK is the main club for which I compete in cycling or triathlon events Yes/No

If No, please state name of your main (first claim) club

Membership Fees 2012 (1st January to 31st December)

Category	Price	✓
Adult Member	£22	<input type="checkbox"/>
Household / Family (separate forms should be completed for each individual)	£37	<input type="checkbox"/>
MKAC Member	£12	<input type="checkbox"/>
Senior Citizen / Unwaged	£10	<input type="checkbox"/>
17-18 Years Old	£10	<input type="checkbox"/>
12-16 Years Old	£5	<input type="checkbox"/>
Under 12 Years	FREE	<input type="checkbox"/>

Membership Declaration

I understand and agree that I participate in all events promoted by Team Milton Keynes entirely at my own risk and that no liability whatsoever shall attach to Team Milton Keynes or to its officials, sponsors or members for any injury, loss or damage suffered by me by reason of the event, however caused. I have considered the nature of such sessions and I am satisfied that I am sufficiently responsible and competent to assume full and entire responsibility for my own safety. I confirm that I do not have any disability or medical condition (not disclosed) that could affect my ability to participate safely in cycling activity session. I also understand that I will be expected to assist at least once per year in the running and organisation of events when called upon by the Club Committee and to attend the AGM and any EGM called.

Signature

Date

Subscription enclosed £

The Parental/Guardian Consent section must be completed on behalf of applicants under the age of 18 years

Please return your completed form and subscription (cheque payable to 'Team Milton Keynes') to the Membership Secretary: Ritchie Dixon, 2 Hathaway Court, Crownhill, Milton Keynes, MK8 0LG

Membership Benefits

Organised summer evening Time Trials (£3) Monday evenings during the summer	Subsidised swim sessions (£2) at Stantonbury on Thursday evenings all year round
Free inclusion in group permit to ride off road in Brickhill Woods (take your membership card)	15% off all Specialized bikes at Phil Corley Cycles and 10% off all parts, accessories and clothing
Members web site on www.teammk.com	Free membership for children under the age of 12
Regular club training sessions for cycling, swimming and running	Discounted team issue clothing up to 30% of RRP
Open Triathlons, Time Trials and Road Races promoted locally	Discounts at Body Limits Gym and the Sweatshop at Xscape
Team Keyne Trek youth development for under 18's	Coaching workshops held at Body Limits Gym

10% Discount on food and wine courtesy of Kevin O'Rourke <http://www.wineman.co.uk/> at the following 4 pubs on production of your TMK membership card: Navigation Inn - Cosgrove; Queens Head - Wing; George Inn - Little Brickhill; Cowpers Oak - Weston Underwood.

Parental/Gaurdian Consent

I, being the parent/gaurdian of _____ have read the information contained on this form and hereby consent to him/her taking part in the cycling activity sessions and understand and agree that he/she participates in coaching sessions under the instruction of British Cycling qualified coaches entirely at his/her own risk. I have considered the nature of such sessions and have discussed them with him/her. I am satisfied that he/she is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety under the supervision of a British Cycling qualified coach (see note 9). I confirm that he/she does not have any disability or medical condition (not disclosed overleaf) that could affect his/her ability to participate safely in cycling activity sessions.

- By returning this completed form, I agree to the child named above taking part in the activities of the club
- I understand that I will be kept informed of these activities - for example timing and transport details
- I understand that in the event of any injury or illness all reasonable steps will be taken to contact me, and to deal with that injury/illness appropriately

Please tick if you do not want your child to be involved in cycling activity sessions that take place on the public highways (See notes 8 and 9).

Signature of Parent/Gaurdian**Parent/Gaurdian Details****Name****Address****Postcode****Date of Birth****Telephone****Mobile****Email****Parent/Gaurdian of****Notes**

1. It is part of the British Cycling Code of Conduct to ensure that reasonable steps are taken to establish a safe environment where young people can enjoy developing their cycling skills. Please also read the Team Keyne code of conduct for parents/carers and riders.
2. Parents/carers are welcome to stay and watch the session but this is not compulsory.
3. Young people are expected to remain in the session from beginning to end unless they have to leave early. If the young person has to leave early or is being collected by someone other than the parent/carers, the parent/carers must advise the coach of the details of the arrangement, including who will be collecting the rider.
4. It is the young person's responsibility to participate in cycling activities in a sporting manner.
5. Any young riders who persistently misbehave or put others in danger will be asked to leave the session.
6. It is the parent's/carers' responsibility to ensure that their child's bike is in a safe condition to ride.
7. A correctly fitting cycling helmet must be worn at all times during the cycling activity sessions.
8. All coaching sessions will be conducted by a Club Coach and will take place at a traffic-free facility.
9. Over 12s may be involved in club rides that take place on the public highway. Young people are only invited to take part when the coaches feel they are sufficiently responsible for their own actions and have developed the necessary bike handling skills and fitness levels in order to cope with riding on the public highways. Coaches may not be present at these rides.